PRIMARY MENU
MARCH 2019

|  | Monday | Iuesday | Wedinesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| week 1 $4 / 3 / 19$ | Chicken Curry with Rice or Steakburger \& Gravy, onions <br> Corn , Mixed Vegetables Mashed Potato. <br> Jam and Coconut Sponge OR Plain Cake \& Custard | Cheese Tomato Pizza Dips or Chicken Pasta Bake Carrots Beans Salads / Chips Mashed Potato <br> Crackers Cheese \& Grape Semolina and Fruit | Roast Turkey,Fish Finger <br> Stuffing and Gravy <br> Baton Carrots, Broccoli <br> Sprouts <br> Mashed Potatoes <br> Selection of Breads <br> Rice Krispie \& Custard | Lasagne or Bacon \& Stuffing Cauliflower Peas, Selection of Salads Mashed Potato Selection of Breads Jelly and Fruit | Chicken OR Vegetable Soup Hot Dog Or Cheese Roll ,Pasta, Bread,Potatoes Gravy <br> Ice Cream and Wafer |
| week2 $11 / 3 / 19$ | Steakburger \& Bap OR <br> Savoury Mince <br> Broccoli, Carrots <br> Mashed Potato <br> Selection of Breads <br> Jam OR Plain Cake \& Custard | Homemade Marguerita <br> Pizza OR Wrap --- <br> -Cheese/Tuna /Chicken <br> Pasta, Sweetcorn <br> Selection of Salads <br> Mashed Potato <br> Cornflake Square \& Custard | Fresh Fish / Fish Fingers Peppered Chicken \& Rice Baked Beans Mixed Vegetables Mashed Potato <br> Rice Pudding \& Jelly Fruit | Roast Turkey\& Stuffing OR Irish Stew Cauliflower Cheese Diced carrots Gravy Mashed Potatoes <br> Meringue \& Chocolate Sauce and Fruit | Chicken Nuggets or <br> Lasagne <br> Selection of Salads <br> Peas \& Sweetcorn <br> Chips /Potatoes <br> Ice Cream wafer and Fruit |
| week3. 18/3/19 | OFF | Chicken Curry with Rice or Steakburger onions \& Gravy <br> Peas / Sweetcorn /Chips Mashed Potato / Bread <br> Semolina \& Fruit Cracker Cheese and Grapes |  <br> Crusty Bread <br> Peas Sweetcorn <br> Mashed Potatoes <br> Egg Sponge and Custard | Roast Turkey with Stuffing or Chicken Pasta <br> Bake,, Carrots Peas Mashed Potato, Bread <br> Apple Crumble OR Flakemeal Biscuit and Custard | Hotdog or Chicken Wrap Chilli Mayo Baked Beans Peas Selection of Salads Chips, Mashed Potato / Bread <br> Artic Roll and Fruit |
| week4 25/3/19 | Chicken Curry with Rice Cheese \& Tomato Pizza <br> Peas / Corn / Pasta Mashed Potato <br> Jam \& Coconut OR Plain Sponge \& Custard | Homemade Vegetable or Chicken Soup WITH ***STEAKBURGER AND BAP / Potato / bread / pasta <br> Shortbread Biscuit and Milk Shake | Roast Chicken or Roast Beef with Stuffing and Gravy Turnip Peas Cauliflower Cheese Cauliflower Cheese Mashed Potatoes <br> Rice Pudding Jelly And Fruit | Spaghetti Bolognaise or <br> Fish Fingers <br> Sweetcorn / Peas <br> Selection of Salads <br> Mashed Potato <br> Selection of Breads <br> Cornflake Curnch <br> Custard | Chicken Nuggets or Salmon Roll Baked Beans Sweetcorn Chips/ Mashed Potatoes <br> Ice Cream Tub \& Fruit |

## school food

 tmymatray yoretion www.schoolfoodni.comBread, Fresh Fruit, Yoghurt, Milk and Water are available daily.

If your require any additional information on allergens or special diets please contact
the school in the first instance.


